

Rebecca Skillern Bio

Rebecca Skillern is a Police Officer with the Houston Police Department's Mental Health Unit. Prior to becoming a Police Officer, Rebecca obtained her License as a Professional Counselor (LPC), became a board approved Supervisor for Licensed Professional Counselors, and served in the mental health field for over 14 years. Rebecca obtained both her bachelor's in Psychology (1995) and a Master's in Marriage and Family Therapy (1998) from the University of Houston - Clear Lake.

As a police officer, after working primarily as a patrol unit on the Northeast side of Houston, she joined the Mental Health Unit in July of 2008, as part of the Crisis Intervention Response Team (CIRT). In November 2009, Rebecca became an Investigator in the Mental Health Unit and began working as an instructor at the HPD academy at that time as well. Rebecca continues to maintain her license and training as an LPC and LPC Supervisor, and her work as an investigator/instructor within the Mental Health Unit allows for a nice fusion of the two professions.